

# Lancaster Behavioral Health Hospital



Penn Medicine  
Lancaster General Health



## *Helping Teens Heal and Thrive*

Our Adolescent Inpatient Suite is a dedicated, structured environment for teens who are dealing with a mental health disorder. We use a comprehensive treatment model to help foster hope and build resiliency. We understand the unique emotional, social and developmental needs of adolescents and are committed to helping them regain stability and develop skills for a healthier, more positive future.

We offer:

- **Personalized Care** - Through a mental health assessment and a customized treatment plan, services are tailored to meet the needs of each adolescent.
- **Therapeutic Support** - We offer group therapy, psychoeducation and family support.
- **Coping and Life Skills** - We teach coping mechanisms, emotion regulation and practical skills.
- **Structured Daily Schedule** - Structured schedule with therapeutic groups and recreational activities.
- **Academic Instruction** - Full-time special education teacher provides academic instruction during the school year.

**We can provide the support your teen needs.  
Call 717-740-4160 to learn more.**

## Why Choose Us

We provide a supportive setting for adolescents who are experiencing suicidal ideation, mental health disorder symptoms, impulsivity with marked risk-taking and dangerous behaviors, inability to self-regulate mood and/or emotions, severe and persistent anxiety and/or panic attacks and disruptive behaviors.

- **Qualified Team** - Specialized in adolescent care, the team consists of mental health professionals, a double board-certified child and adolescent psychiatrist, social service therapists, nurses and behavioral health technicians.
- **Compassionate Environment** - We prioritize structure, privacy and the comfort of all individuals in our care.
- **Family Involvement** - We encourage family involvement in the recovery process.

**Call 717-740-4160 for a confidential, no-cost assessment, available 24 hours a day, 7 days a week. Visit [lancasterbehavioral.org](http://lancasterbehavioral.org) to learn more.**

*Treatment, Compassion and Hope*  
Today, Tomorrow and Always.

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333 Harrisburg Avenue | Lancaster, PA 17603

**717-740-4160 • [lancasterbehavioral.org](http://lancasterbehavioral.org)**

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Physicians are on the medical staff of Lancaster Behavioral Health Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Lancaster Behavioral Health Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. Model representations of real patients are shown.

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